

North Oconee High School



9th Grade Transition Guide

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nohsguidanceblog.blogspot.com
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SECTION I: NOHS at a Glance.....	3
Meet Your Administrative Team.....	4
Meet Your Counseling Team.....	5
Campus Map.....	6
NOHS Bell & Lunch Schedule.....	7-8
What's Different About NOHS Schedules?.....	9
School Policies	
Dress Code.....	10
Attendance.....	11
Graduation Requirements.....	12
Schedule Sequence (by content area).....	13-17
Frequently Asked Questions (Academics/ Extracurriculars).....	18-24
College & Career Readiness	
Advice By Grade Level.....	25-26
Paying for College: HOPE & Zell-Miller.....	27

SECTION II: Tips for Academic Success.....	28
Prioritize and Set Goals	
What Are Your Priorities?.....	29-30
Turning Priorities into Goals (SMART Goals)..	31-32
Time Management & Organization	
Tips for Using a Planner/Agenda.....	33-34
Binder Organization.....	34-35
Tips for Improving Your Study Habits.....	36-37
Test Preparation Strategies.....	38-39
Academic Survival Tips.....	40
A Final Note on Academic Success.....	40

SECTION III:	
Frequently Asked Questions (miscellaneous).....	42-43
Advice From Current NOHS Students.....	43-44

SECTION I

NOHS at a Glance

Meet Your Administrative Team!



Philip Brown
Principal



Cassie Moon
Assistant Principal



Eric Hamilton
Assistant Principal



Michael Dowis
Assistant
Principal,
Athletic Director



Mrs. Terie Dukes
Attendance
Secretary
(Late Check-Ins,
Early Check-Outs)



Debbie
Henderson
Secretary
(Visitor Check-Ins)

Meet Your Counseling Team!



Jodie Anderson
9th-12th
Last Names A-F



Katie Wood
9th-12th
G-O



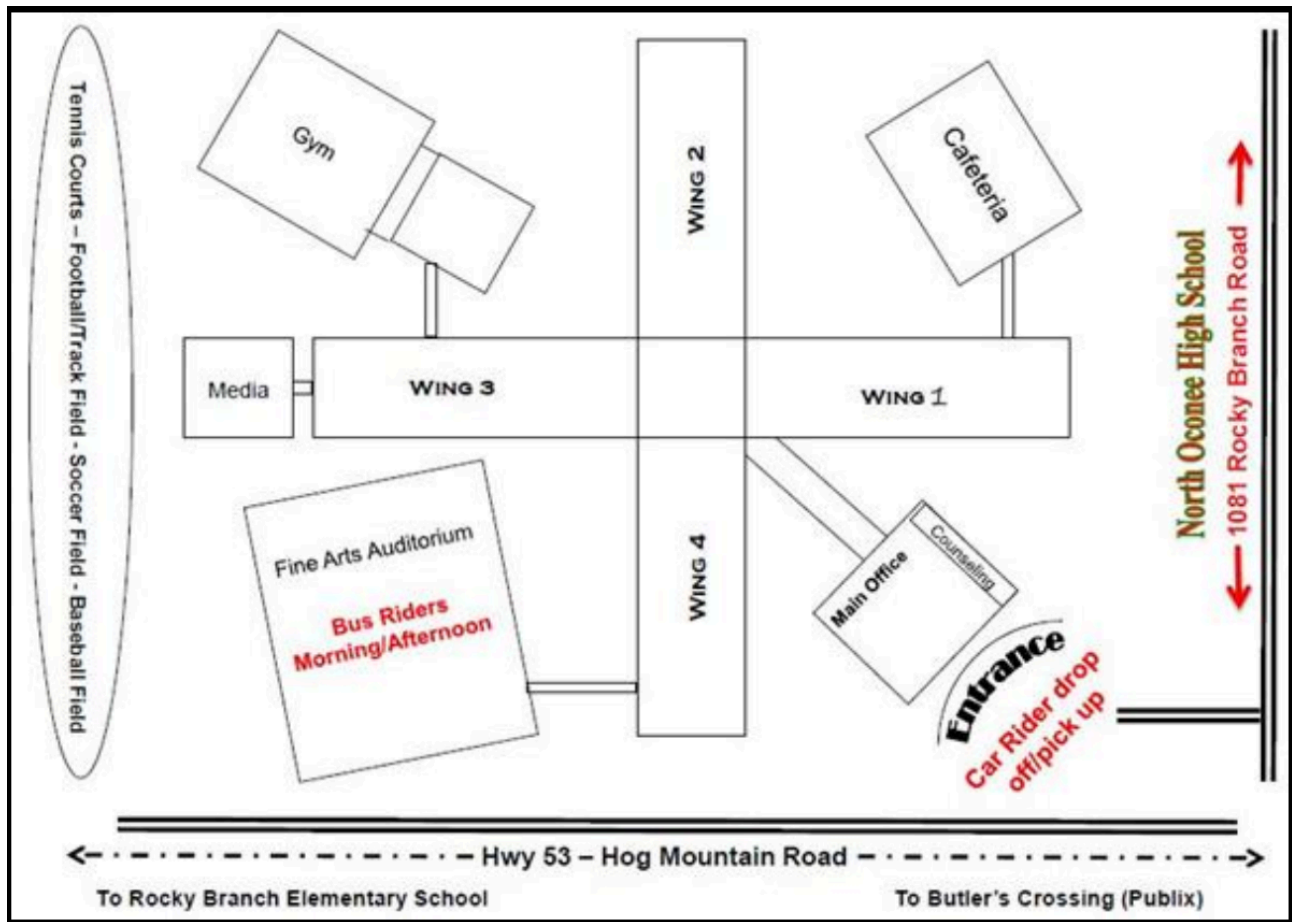
Dr. Christy
Conley
9th-12th
P-Z



Terri Dinsmore
Registrar
(Dual Enrollment, Transcript
Uploads for GSFC & Colleges)

(No Picture Available)
Jeannie Singleton
Counseling Secretary
Transcripts and School Tours

NOHS Campus Map



Wings are grouped by subject area. Memorize the following!

Wing 1: Science Classes

Wing 2: Math and CTAE Classes

Wing 3: ELA and Foreign Language Classes

Wing 4: Social Studies Classes

NOHS Bell Schedule

Period	Warning	Tardy	Class Ends
1 st	8:13	8:15	9:45
2 nd	9:48	9:50	11:20
TT/HR	11:23	11:25	11:50
3 RD Period/ 1 st Lunch (11:55-12:20)	12:23	12:25	1:55
3 RD Period/ 2 nd Lunch (12:30-12:55)	11:53 12:58	11:55 1:00	12:30 1:55
3 RD Period/ 3 rd Lunch (1:00-1:25)	11:53 1:28	11:55 1:30	1:00 1:55
3 RD Period/ 4 th Lunch (1:30-1:55)	11:53	11:55	1:25
4 TH	1:58	2:00	3:30

NOHS Lunch Schedule

First Lunch

Science
Social Studies

Second Lunch

English
Foreign Language
SPED

Third Lunch

Math
Fine Arts

Fourth Lunch

CTAE
Physical Education

What's Different About Your NOHS Schedule?

Homeroom (Advisement)

- Advisement groups of 18-20 students
- Meets on Mondays
- Stay with the same adviser all 4 years
- Assemblies
- Special Programs
- Advisement Lessons

Titan Time (Remediation/Enrichment)

- Tuesday-Friday
- Middle of the day, 25 minutes long
- Choose a different “titan time” every 6 weeks
- Choices range from academic support, quiet study hall, sport team meetings, and club meetings

Modified Block Schedule

- Four classes in the fall semester, four classes in the spring semester
- Total of 8 classes for freshman year
- Schedule will change 2nd semester and will include new classes, teachers, and peers
- 90 minute classes
- Balanced schedule attempted for each student (2 academics and 2 electives each semester)

NOHS School Policies

Dress Code Policy

- **Shorts/Skirts/Dresses**

- Shorts, dresses, and skirts must follow the fingertip rule. Shorts, dresses, and skirts must be no shorter than the fingertip of the thumb with the arms fully extended at the side and the shorts on the hips.
- As with pants, shorts must be worn at the hips or above with no holes and no undergarments showing.
- Shirts should not cover the shorts, dresses, or skirts.
- Dresses and skirts must follow the fingertip rule for length with or without leggings.

- **Shirts/Blouses**

- Must be below the waistline even with arms raised above the head or when the student is seated, and not reveal cleavage. Tank tops are not permitted.

- **Pants:** Must be worn at the natural waist.

- **The following items are prohibited:**

- No headgear may be worn in the building or gym unless for religious purposes.
- Inappropriate tops. Includes any top which allows the midriff and/or back to show at any time, and/or tops that reveal cleavage. Tank tops are not permitted.
- Any type of clothing which displays logos or words (exposed or implied) that refer to drugs, alcohol, tobacco, vulgarity, profanity, sex, or ethnic slurs may not be worn.
- Pants/jeans/shorts that are ripped, torn, or laced up (allowing inappropriate skin to show). There can be no holes above the knee.
- Pajama tops and/or pants and/or bedroom slippers or clothing resembling sleep wear.

Attendance Policy

The attendance office is where students report when arriving to school late and/or dismissing early.

Office Hours: 7:45am until 3:45pm while school is in session. (not over holiday breaks)

Location: Administration Office (Main Office). As you enter the door to the office the attendance secretary (Mrs. Terie Dukes) will be seated on the left hand side.

Procedure

- Students should have their ID in hand when entering the attendance area.
- Student IDs are needed in order for a student to check in late or check out early.

Attendance Policy

- There is no limit on the number of medical notes that are accepted.
- Parent notes are limited to five (5) days per year.
- All absences remain unexcused until documentation is received regarding any absence.
- Absence notes may be emailed to: nohsattendance@oconeeschools.org

Tardy Policy

- A student is considered tardy when arriving to school late or entering any class after the tardy bell has sounded.
- Being considered tardy is different than being absent. Being tardy means that the student was late but was in class long enough to be considered as present.
- Tardies in going from one class to another to another are not excused. Tardies to *school* are excused for the same reasons as excused absences with proper documentation.
- There is no limit on the number of medical notes that are accepted for being tardy.
- Parent notes are limited to three (3) times per semester.

1st Tardy: Warning

2nd Tardy: Warning

3rd Tardy and after: Detention

For more info on attendance policy:

<https://sites.google.com/a/oconeeschools.org/nohs-attendance-office/>

NOHS Graduation Requirements

- Each semester-long course = 1 unit of credit
- 28 units of credit required to graduate
 - 4 units each of English, Math, Social Studies, Science
 - 3 units combined from the following areas: World Language/CTAE/Fine Arts
 - 3 units of Academic Electives
 - 1 unit of Health/PE (all 9th graders take Health/PE)
 - 5 units of any other electives
- 8 units of credit are available every year
- Up to 32 credit opportunities in four years (8 units per year x 4 years = 32 credits)

Diploma Requirements

Language Arts

- 4 units

Health/PE

- 1 unit

Math

- 4 units

World Lang/CTAE/Fine Arts

- 3 units

Social Studies

- 4 units

Academic Electives

- 3 units

Science

- 4 units

Other Electives

- 5 units

Scheduling Sequence

Language Arts

9th Grade

- 9th Grade Literature, OR
- 9th Grade Literature Honors

Optional Elective:

- Basic Reading (counts as an Academic Elective)

AP Course Options:

- None available for 9th grade

10TH GRADE:

10TH GRADE LITERATURE

10TH LIT. HONORS

11TH GRADE:

AMERICAN LIT

AMERICAN LIT HONORS

AP LANG

12TH GRADE:

BRITISH LIT

BRITISH LIT HONORS

AP LIT

Math

9th Grade

- Algebra I
- Algebra with Support (2 courses rotating all year long)
- Accelerated Algebra I/GEOM A

Math Tracks Comparison

Which track is best for me? Where will I end up? What are my future goals with math?

	9 th Grade	10 th Grade	11 th Grade	12 th Grade
OPTION 1	Alg I	Geometry	Alg II	Various 4 th Math Options Pre-Calculus AP Statistics Stat Reasoning Adv.Math Decision Making
OPTION 2	Acc Alg I/Geo A	Acc Geo B/Alg II	Acc. Pre-Calc	Various 4 th Math Options AP Calc AB/BC AP Statistics
OPTION 3 (received credit for Acc Alg I/Geo A in 8th grade)	Acc Geo B/Alg II	Acc. Pre-Calc	AP Calc AB/BC	Various 4 th Math Options Ga Tech Distance Calc AP Statistics Dual Enrollment

Science

9th Grade

- Biology
- Biology Honors

10TH GRADE:

CHEMISTRY

CHEMISTRY HONORS

AP ENVIRO.SCIENCE

EARTH SYSTEMS

11TH GRADE:

PHYSICS

PHYSICAL SCIENCE

ENVIRO. SCIENCE

12TH GRADE:

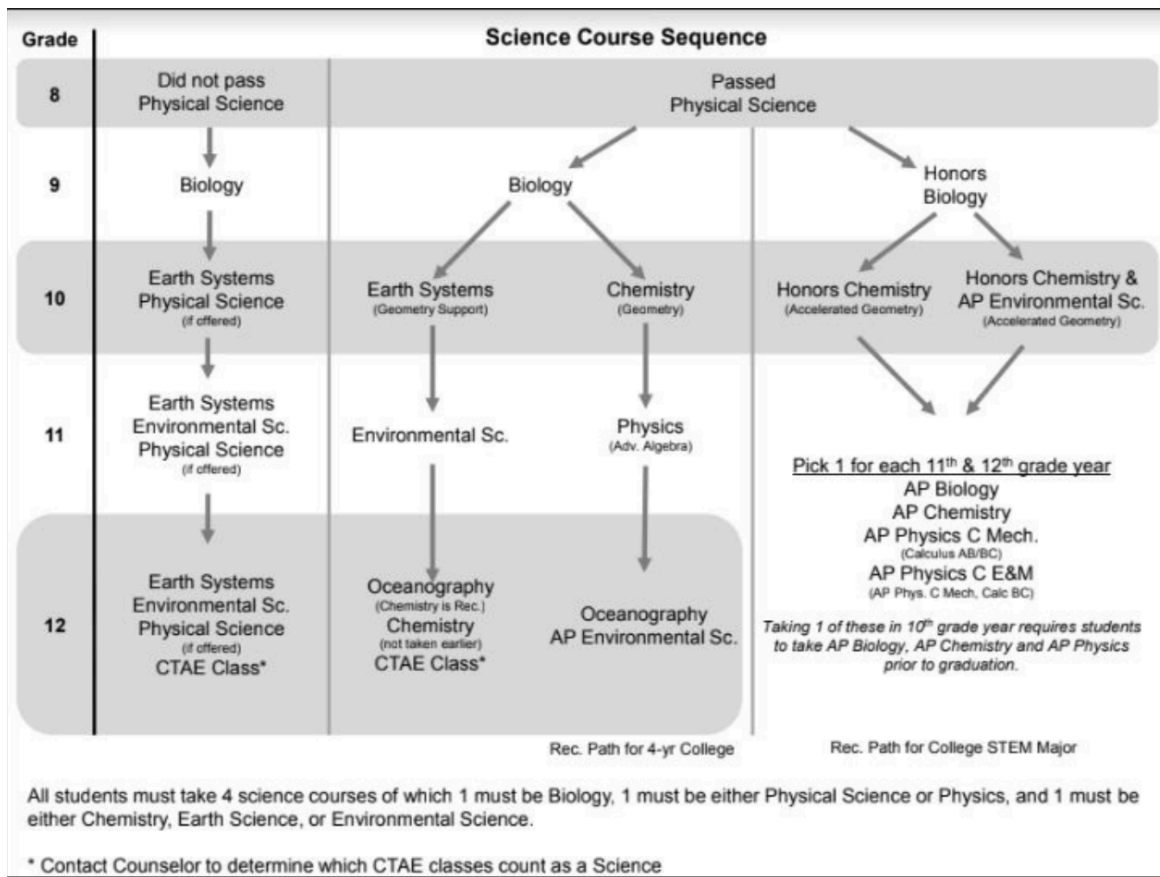
CHEMISTRY

AP COURSES

ENVIRO. SCIENCE

SPECIFIC CTAE

SCIENCES



Social Studies

9th Grade

- American Government
- American Government Honors
- AP American Government

10TH GRADE:

WORLD HISTORY

WORLD HISTORY HONORS

AP WORLD HISTORY

11TH GRADE:

US HISTORY

US HISTORY HONORS

AP US HISTORY

12TH GRADE:

ECONOMICS

AP MACROECONOMICS

Physical Education

9th Grade

- Health and PE
 - Health = 0.5 unit
 - PE = 0.5 unit
 - Are taken in one semester on A/B schedule

- Optional Electives:
 - Weight Training – Strenuous and high level workout for males that are serious about athletics
 - Body Sculpting – Strenuous and high level workout for females that are serious about athletics
 - Aerobic Dance
-

Elective Options - World Languages/CTAE/Fine Arts

- 9th grade students choose 3 electives
- Can be any combo of CTAE, Fine Arts, or World Language
- Registration card/course offering sheet provides you with all of the courses that a 9th grade student can take.

World Language Options

- NOHS offers four World Language Options
 - French I-IV
 - German I-IV
 - Latin I-AP Level
 - Spanish I-AP Level
- World Language not required to graduate but most four-year colleges require 2 units of World Language for admissions.
- World Language classes are limited for 9th grade students so put it as an alternative elective.

Fine Arts Options

- Beginning Mixed Chorus I
- Beginning Mixed Chorus II
- Visual Arts/Comprehensive I
- Visual Arts/Comprehensive II
- Modern Dance I
- Modern Dance II
- Theatre Arts Fundamentals I (Drama)
- Marching Band I
- Percussion
- Concert Band II

CTAE Options

- CTAE = Career, Technical, and Agricultural Education
- CTAE Pathways:
 - Forestry/Natural Resources

- Plant Systems Pathway
 - Forestry and Animal Science Pathway
 - Graphic Design
 - Information Technology – Web Development
 - Information Technology – Computer Science
 - Therapeutic Services – Allied Health and Medicine
 - Therapeutic Services – Emergency Medical Responders
 - Early Childhood Education
 - Entrepreneurship
 - How do I complete a pathway?
 - Take the 3 required courses listed in that pathway during your four years in high school.
 - Once you have completed a CTAE pathway, you will receive a CTAE Seal on your diploma
 - Designed to give you the necessary skills needed in a specific area after high school graduation to go straight into the workforce, or choose college/university or the military for additional training.
 - 9th Grade Eligible CTAE Courses
 - Basic Agriculture Science & Technology
 - Foundations of Engineering & Technology
 - Intro to Graphic & Design
 - Intro to Digital Technology
 - Intro to Business & Technology
 - Early Childhood Care Education
 - Intro to Healthcare Science
 - *CTAE courses may have a required membership and participation in CTSO (Career and Technical Student Organization)
-

Academic Electives

- 3 units required
- Most count towards HOPE GPA
- **Can be taken throughout high school**
- All 4 core areas taken above and beyond the graduation requirements will count as academic electives.
- World Languages can be counted as academic electives if not otherwise used to meet the 3 required courses in CTAE/World Language/Fine Arts

Other Electives

- 5 required throughout high school
- Can be any course offered at NOHS that is not used in one of the required areas

Frequently Asked Questions **(Academics-Related)**

1. What is a GPA?

- Your GPA (Grade Point Average) can range from 0.0 to 4.0.
- The letter grade you receive in each class is worth a certain number of “grade points.”
 - A 4 value is given for an “A” grade, a 3 is given for a “B” grade, a 2 is given for a “C” grade, etc. Sometimes students have a GPA that ranks higher than 4, as their grades are weighted more heavily for AP and other advanced classes.
- At the end of high school, you will have a final GPA. This is the average of all grade points received in high school (9th-12th). (Every class you take will impact your GPA)
- The higher your GPA, the better!
- Remember, starting in 9th grade, every class counts.

2. Which Class Level is Right for Me?

- Support Level – IS college prep, just supported
 - Provides academic supports for students who need more time to master material in some core classes
- Honors Level
 - Academically rigorous/extended demands outside of the classroom
 - Prepares students for Advanced Placement (AP) classes

3. How Do I Know If I’m Ready for an Honors Class?

- Honors courses are very rigorous and require more critical thinking.
- If a student has “A” averages on test scores and exceeds on Milestones Testing in middle school, then he/she should probably qualify for an honors level class.
- Honors students need to be self-motivated and self-directed.
- They need to have a high level of interest in the subject.

4. What is Advanced Placement (AP)?

- College level curriculum in high school.

- The AP curriculum for the various subjects is created by a panel of experts and college-level educators in each subject.
- Students take a nationwide exam in May to determine if they get college credit. This national exam grade does not count towards NOHS grade.
 - National AP exams are scored on a 1 to 5 scale as follows:
 - 5 = Extremely well qualified
 - 4 = Well qualified
 - 3 = Qualified
 - 2 = Possibly qualified
 - 1 = No recommendation

5. What AP Classes are offered at NOHS?

*Some elective courses may not be offered every year.

	9 th Grade	10 th Grade	11 th Grade	12 th Grade
Language Arts	None	None	AP Language	AP Literature
Math	None	AP Statistics	AP Statistics AP Calculus	AP Statistics AP Calculus
Social Studies	AP Government AP Human Geography	AP World History AP Human Geography AP Psychology	AP US History AP Government AP Human Geography AP European AP Art History AP Psychology	AP Government AP Economics AP Human Geo AP European AP Art History AP Psychology
Science	None	AP Environmental	AP Chemistry AP Biology AP Physics AP Environmental	AP Chemistry AP Biology AP Physics AP Environmental
Foreign Language	None	None	AP Spanish AP Latin	AP Spanish AP Latin
STEM	None	AP Computer Science A AP Computer Science Principles	AP Computer Science A AP Computer Science Principles	AP Comp Sci A AP Computer Science Principles
Fine Arts	None	AP Music Theory	AP Art AP Music Theory	AP Art AP Music Theory
AP Capstone	None	None	AP Seminar	AP Research

6. What is Dual Enrollment?

- Students take 1-4 courses per semester at a local college & earn credits at the high school and the college
 - You must have a **full schedule** of 4 classes (If you take 3 Dual Enrollment Courses, you have to have 1 at NOHS)
- Tuition, fees, and books are paid for through the Georgia Department of Education resulting in free college credit(s)!
- Courses taken through Dual Enrollment are awarded the same weight as an AP (Advanced Placement course) 10% in your NOHS GPA

7. Which Classes have EOCs (End-Of-Course) Tests?

- 9th Grade Literature/Composition
- American Literature (11th grade)
- Algebra I
- Geometry
- Biology
- Physical Science (taken in 8th grade)
- U.S. History
- Economics/Business/Free Enterprise

*Administered in December and May

*Counts as 20% of final grade

8. What Classes Can I Take After 9th Grade?

North Oconee High School Course Offerings
Grades 10th – 12th
2019-2020

Language Arts

- Ninth Lit/Comp (9th; Core)
- 10th Grade Lit. (10th; Core)
- 10th Grade Lit.-Honors (10th; Core; TR) (Block & A/B)
- American Literature (11th; Core)
- American Literature-Honors (11th; Core; TR)
- English Literature (12th; Core)
- English Literature-Honors (12th; Core; TR)
- AP Literature (12th; Core; TR; A/B only)
- AP Language (11th; Core; TR; A/B only)
- Mythology (10th-12th; AE; Pre-req-successful completion of 9th grade Lit./Comp) (Block and A/B)
- Literary Types (10th-12th; AE; Pre-req-enjoy reading, successful completion of 9th grade Lit./Comp) (Block and A/B)
- Journalism I (10th-12th; AE-APPLICATION req'd) (Block only)
- Journalism II – IV (10th-12th; AE-APPLICATION req'd) (A/B only)

Science

- Biology (9th; Core)
- Chemistry (10th; Core or AE; Pre-req - Algebra I)
- Chemistry Honors (10th; Core or AE; Pre-req - Honors Biology; TR)
- Earth Systems (10th-12th; Core or AE; Pre-req - Biology)
- Environmental Science (11th-12th; Core or AE; Pre-req - Biology)
- Oceanography (11th-12th; AE; Chemistry suggested; Pre-req - Biology)
- Physics (11th-12th; Core or AE; Co-req – Algebra II; Chemistry)
- AP Biology (11th-12th; Core or AE; Pre-req's - Honors Biology & Honors Chemistry; TR; A/B only)
- AP Chemistry (11th-12th; Core or AE; Pre-req - Honors Chemistry; TR) (AB only)
- AP Environmental Science (10th-12th; Core or AE; Pre-req - Honors Biology; TR; A/B only)
- AP Physics C - Mechanics (11th-12th; Core or AE; Co-req - AP Calculus; TR; A/B only)
- AP Physics C - E&M (12th; AE; Pre-req - AP Calculus BC; Co-req AP

Social Studies

- American Government and Civics (9th; Core)
- AP American Government & Politics (10th-12th; Core or AE; S ST R) (A/B only)
- World History (10th; Core)
- World History Honors (10th; Core; TR)
- AP World History (10th; Core; SS TR) (A/B only)
- US History (11th; Core)
- US History Honors (11th; Core; TR)
- AP US History (11th; Core; SS TR) (A/B only)
- Economics (12th; Core)
- AP Economics (12th; AE or Core; SS TRs) (A/B only)
- AP Human Geography (10th-12th; AE; SS TR) (A/B only)
- AP Art History (11th-12th; AE; SS TR) (A/B only)
- AP Psychology (10th-12th; AE; SS TR) (AB only)
- Psychology (10th-12th; AE)
- Sociology (10th-12th; AE) (A/B only)
- US History in Film (11th-12th; AE) (A/B only)

Physical Education

- Personal Fitness (9th grade; Required; 1/2 unit)
- Health (9th grade; Required; 1/2 unit)
- Introductory Team Sports (10th-12th; LE)
- Recreational Games (10th-12th; LE)
- Intro to Lifetime Sports (10th-12th; LE)
- Weight Training (9th-12th; LE)
- Weight Training Adv. (10th-12th; TR; Pre-req - Weight Training)
- Adaptive PE (11th-12th grades; Application only; LE)
- Body Sculpting (10th-12th; TR only; LE)
- Aerobic Dance (10th-12th; TR only; LE)

- Physics C - Mech; TR; Spring)
- Scientific Research (10th-12th; AE; Independent research; TR) (Block & A/B)
- Advanced Physics Principles/Robotics (10th-12th; Application only; AE; Fall)

Mathematics

- Algebra I (9th; Core)
- Algebra I with Support (9th; Core & AE; TR)(Year-long-2 credits)
- Geometry (10th; Core; Pre-req - Alg I)
- Geometry with Support (10th; Core & AE; TR)(Year-long-2 credits)
- Accelerated Geom B/Algebra II (10th; Core; TR; Pre-req - Acc Alg/Geo)
- Algebra II (11th; Core; Prereq - Geo)
- Algebra II with Support (11th; Core & AE; TR)(Year-long-2credits)
- Acc. Pre-Calculus (11th; Core; Pre-req - Acc Geo/Alg II; TR)

4th Math Options

- Pre-Calculus (12th; Core; Pre-req – Algebra II)
- Advanced Mathematical Decision Making (12th; Core; Pre-req – Algebra II)
- Statistical Reasoning (11th-12th; Core; Pre-req - Alg I)
- AP Statistics (11th-12th; Core; A/B; Pre-req—Acc Geometry or Algebra II & TR)
- AP Calculus AB & BC (11th-12th; 2 Core; Pre-req - Acc. Pre-Calc with TR)
- AP Calc AB (yearlong; A/B; Pre-req - Acc Pre-Calc with TR)

World/Foreign Language

- Latin I-II (9th-12th grades; AE)
- Latin III Honors (10th-12th grades; AE; Only offered on A/B)
- Latin IV Honors (11th-12th; Only offered on A/B)
- AP Latin (11th-12th; Only offered on A/B)
- Spanish I-II (9th-12th grades; AE)
- Spanish III Honors (10th-12th; AE) (A/B only)
- Spanish IV Honors (11th-12th; AE) (A/B only)
- AP Spanish (11th-12th grades; AE) (A/B only)
- French I-II (9th-12th grades; AE)
- French III-IV Honors (10th-12th; AE) (A/B only)
- German I-II (9th-12th grades; AE)
- German III Honors (10th-12th; AE) (A/B only)
- German IV Honors (10th-12th; AE) (A/B only)

Dual Enrollment Options Through Athens Tech (11th and 12th)

***To be offered on NOHS Campus

- ECCE 1103/Child Growth and Development (Spring) – 205281400
- ECCE 1105/Health, Society, and Nutrition (Spring) - 204240400
- AGRB 1110/Agribusiness Management (Fall) – 010A024
- AGRB 1120/Leadership in Agribusiness (Spring) – 010A034
- ENG 1101 (Fall) – 230340400
- ENG 1102 (Spring) – 230640400
- MATH 1111/College Algebra (Fall) – 270A624
- MATH 1113/Pre-Calculus (Spring)– 270A644

AE = Academic Elective LE = Local Elective Pre-req = Pre-requisites
Recommendation Core = Core Credit 4Sci = 4th Science Option Co-req = Co-requisites TC = Technical Career Course TR = Teacher

Fine Arts

- Band/Percussion AB (10th-12th; TR); Yearlong
- Marching Band-Fall (10th-12th; TR)
- Concert Band-Spring (10th-12th; TR)
- Percussion-Fall/Spring (10th-12th; TR)
- Modern Dance I-IV (10th-12th) Block only
- Mixed Chorus I-IV (10th-12th) (Block and A/B)
- Show Choir (10th-12th) (A/B only)
- Theatre Arts Fundamentals (10th-12th) (Block and A/B)
- Theater Arts/Musical Theater I (10th-12th; TR) (A/B only)
- Acting I –III (10th-12th; Pre-req - Drama I and TR) (Block and A/B)
- Dramatic Arts/Film/Video & Television I(Film History) (11th-12th) (A/B only)
- Art I (10th-12th) Block only
- Art II-IV (10th-12th; Pre-req; Art I; TR)
- AP 2-D Art & Design (11th-12th) (Pre-req - Art III & TR) (A/B only)
- AP 3-D Art & Design (11th-12th) (Pre-req - Art III & TR) (A/B only)
- AP Drawing (11th-12th) (Pre-req - Art III & TR) (A/B only)

Career, Technical, and Agriculture Education

Agriculture Concentration

****Forestry/Natural Resources Pathway**

- Basic Agricultural Science and Technology (10th-11th; TC)
- Forest Science (10th-12th; Pre-req - Basic Ag, TC, AE)
- Wildlife Management (10th-12th; Pre-req - Basic Ag, TC, AE)

Offered 2020-2021

****Plant Systems Pathway**

- Basic Agricultural Science and Technology (10th-11th; TC)

****\$25 Program cost required, includes membership to**

National FFA organization

- Nursery and Landscape (10th-12th; Pre-req -Basic Ag, TC)
- General Horticulture & Plant Science (10th-12th; Pre-req - Basic Ag, TC, AE)-**Offered 220-2021**

Healthcare Science Concentration

Therapeutic Services—Allied Health and Medicine

- Introduction to Healthcare Science (10th-12th; TC)-Completion of Biology Recommended
- Essentials of Healthcare (10th-12th; Pre-req - Intro to Healthcare Science; TC)
- Allied Health and Medicine (11th-12th; Pre-req - Essentials of Healthcare; TC)

Therapeutic Services—Emergency Medical Responder

- Introduction to Healthcare Science (10th-12th; TC)-Completion of Biology recommended
- Essentials of Healthcare (10th-12th; Pre-req - Intro to Healthcare Science; TC;4th Sci)
- Emergency Medical Responders (11th-12th)

Information Technology Concentration

Computer Science Pathway

- Introduction to Digital Technology (10th-12th; TC)
- Computer Science Principles or AP Computer Science Principles (10th-12th; Pre-req - Alg I & Intro to Digital Technology; TC)
- Advanced Placement Computer Science A (10th-12th; AE or 4th Sci; Pre-req - Alg I; spring semester)

Education Concentration

Early Childhood Education Pathway

- Early Childhood Education I (10th-12th; TC)
- Early Childhood Education II (11th-12th; Pre-req - ECE I (TR - work-based program, TC)
- Early Childhood Practicum (11th-12th; Pre-req - ECE II TR - work-based program, TC)

CTAE/STEM Electives

- Animal Science Tech/Biotechnology (10th-12th; 4th Sci)
- Computer Science Principles or AP Computer Science Principles (10th-12th)

Architecture, Construction, Communications & Transportation Concentration

Engineering & Technology Pathway

- Foundations of Engineering and Technology (10th-12th, TC)
- Engineering Concepts (10th-12th, Pre-req - FE&T, TC)
- Engineering Applications (10th-12th, Pre-req - FE&T and EC, TC)

Arts, A/V Technology & Communications

Graphic Design Pathway

- Introduction to Graphics and Design (10th-12th, TC)
- Graphic Design and Production (10th-12th, Pre-req - Intro, TC)
- Advanced Graphic Design (10th-12th, TC; Pre-req - Graphic Design and Production)

Business and Computer Science Concentration

Information Technology – Web Development Pathway

- Intro to Digital Technology (10th-12th, TC)
- Computer Science Principles or AP Computer Science Principles (10th-12th, Pre-req - Intro to Digital Tech, TC)
- Web Development (10th-12th, TC; Pre-req—Intro to Digital Tech and CS Principles, TC)

Entrepreneurship Pathway

- Intro to Business and Technology (10th-12th, TC)
- Legal Environment of Business (10th-12th, TC; pre-req - Intro to Bus. and Technology)
- Entrepreneurship (10th-12th, TC; pre-req - Legal Env of Business)

- Advanced Placement Computer Science A (10th-12th; AE or 4Sci; Pre-req - Acc Alg I or Geom.; spring semester)

Work-Based Learning

- Work-Based Learning (11th-12th) (Pre-req - Application process)

AP Capstone

- AP Seminar (11th grade; TR; pre-req course for AP Research; students signing up for this course are making a two-year commitment to the series)
- AP Research (pre-req - successful completion of AP Seminar)

****\$25 Program cost required, includes membership to National FFA organization**

AE = Academic Elective LE = Local Elective Pre-req = Pre-requisites Co-req = Co-requisites TC = Technical Career Course TR = Teacher Recommendation Core = Core Credit 4Sci = 4th Science Option 4SciNR = 4th Science option, but not recognized by Board of Regents

9. What Clubs and Sports are Offered at NOHS?

Athletics at NOHS

- Football
- Baseball
- Volleyball
- Track
- Cross Country
- Wrestling
- Swimming/Diving
- Lacrosse
- Soccer
- Softball (fast)
- Softball (slow)
- Basketball
- Golf
- Tennis
- Cheerleading
- Gymnastics



Co-Curriculars

- Art
- Drama
- Dance Team
- Beta
- Interact
- Humane Society
- NOHS Miracle
- MedLife
- National Honor Society
- Spanish Club
- Latin Club
- Leo Club
- Knitting/Crocheting
- FCA
- Photography
- French Club
- Mock Trial
- HOSA
- FFA
- FBLA
- FCCLA
- Chess Team
- Robotics
- Go Green
- Relay for Life
- Young Democrats
- Young Republicans
- Computer Science
- MORE! MORE! MORE!

Not sure which club is best for you?

If you like...	Try...
Music	Band, Chorus/Titan Treblemakers
Theater/Arts	Drama Club, Art Club, Thespian Society, Needle Works Club
Sports/Outdoors	Football, Volleyball, Tennis, Golf, Cheerleading, Soccer, Cross Country, Swimming/Diving, Gymnastics, Lacrosse, Track & Field, Basketball, Wrestling, Baseball, Softball, Track, Outdoor Club, FFA (Future Farmers of America)
Movement/Dance	Dance Team, Ballroom Performance Club, Drama Club, Swing Team, Step Team

Academics	Beta Club, Academic Team, Beta Club, Book Club, Latin Club, National Latin Honor Society, Math Team, Mock Trial, Spanish Club, Sociedad Honoraria Hispanica, Science Club/Olympiad, Stock Market Club, Technology Student Association, Robotics, National Honor Society
Helping Others	Go Green, Hero Club, Humane Society, MedLife, U-Lead Athens, Y-Club, Student Council, NOHS Miracle Club
Social Concerns	Go Green, Spectrum, Leo Club, Young Americans for Freedom, Teen Republicans, Young Democrats
Leadership	FBLA (Future Business Leaders of America), FCCLA (Family, Career, and Community Leaders of America), Healthcare Leadership Organization
Reporting/Journalism	Yearbook

College & Career Readiness:

Advice by Grade Level

9th Grade Checklist

- Grades are important, make sure that you are starting off strong!
- Get involved! School and community organizations are a great way to meet people and begin a resume.
- Start attending the college rep visits at NOHS. This will help guide your 4 years at NOHS. By listening to the sessions, you can gain insight and information that will make the process easier to navigate as a senior.
- Create your GAFutures account. To do this, you need your Social Security Number.
- Take the PSAT in mid-October at NOHS.
 - All 9th graders will take the 8/9 version of the PSAT
 - Free practice for the SAT – an important entrance exam used in college admissions

10th Grade Checklist

- Attend the PROBE (College) Fair in Athens, GA
- Take the PSAT in October
- Begin cultivating a college list
- Determine if you need SAT II exams
- Does your schedule match the colleges you want to attend?
- Are you active in your school and community? Will your resume help or hurt you in the college admission process?
- Visit College Admission Rep sessions at NOHS - THIS IS VERY IMPORTANT!!!
- Make smart decisions in registration for junior year. It is THE MOST important year academically for a student applying to college. Dual Enrollment, AP options, Work Based Learning, and Young Dawg options begin to open up junior year. Make an informed choice that is the BEST fit for you and your future goals!

11th Grade Checklist

- Take the PSAT in October.
- Attend the PROBE (College) Fair.

- Schedule your ACT/SAT for 11th grade year, possibly take it twice this school year/summer.
- Create your college application list.
- VISIT COLLEGES - You have 2 days of totally excused absences to visit college campuses.
- Visit College Admission Rep sessions at NOHS - THIS IS Important EVEN if you have visited the campus on an official visit. The rep at NOHS is OUR rep and READS YOUR APPLICATIONS!!!
- Craft a resume that entails all of your school and community activities.
- Begin thinking about teacher recommendations and cultivating relationships with those instructors.
- Explore options to grow over the summer through research, summer programs at colleges/universities, working, job shadowing, etc.
- Does your academic transcript match your college list? Planning for your senior schedule can impact college admissions decisions. Make sure that you think through the rigor load for your senior year!

12th Grade Checklist

- Take the SAT/ACT/SAT subject tests EARLY (August, Sept.) to ensure that you have scores in time of application deadlines.
- Attend the PROBE (College) Fair.
- VISIT COLLEGES - Seniors have 2 days totally excused absences to visit college campuses.
- Finalize College applications well before deadlines (early or regular decision).
- Finalize and submit your resume to teachers/counselors that need to write a letter of recommendation.
- Ask your teachers and counselors to write your letter of recommendation. (Allow 3 weeks for them to write the letter)
- Complete the FASFA/GSFAPPS for HOPE and Financial Aid.

Paying for College: HOPE & Zell-Miller

The HOPE Scholarship

- Pays for 80-85% of a student's tuition at a public university in Georgia.
- Requirements: 3.0 Academic GPA
 - Even though your overall grade point average (GPA) is affected by every class that you take, for HOPE and Zell-Miller, only your academic classes are taken into consideration. (Example: Your fine arts grade will not impact your HOPE GPA or your Zell-Miller GPA)
 - Academic Classes = English, Social Studies, Math, Science, Foreign Language
- Credits earned in Middle School do not count towards HOPE GPA. They will only count towards Class Rank GPA.

ZELL MILLER Scholarship

- Pays 100% in-state tuition.
- 3.7 academic GPA, at least 4 rigor courses, and score of 1200 on SAT (or 26 on ACT).

*Make sure to check your HOPE GPA at the end of each semester on www.gafutures.org.

*The HOPE GPA is NOT found on PowerSchool! You must check gafutures.org for your HOPE GPA.

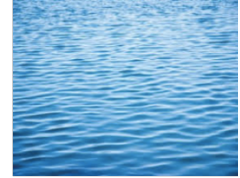
SECTION II

Tips for Academic Success

Prioritize and Set Goals

A priority is something that is regarded as more important than something else. In other words, what comes first in your life?

Think about your life as a jar that has 24 hours to fill. How will you fill your jar each day?



Rock-Pebble-Water Priorities

- Rock Priorities = Things you have to do
- Pebble Priorities = Things you enjoy and want to do
- Water Priorities = Time fillers that do not need to be planned

What are your Rock Priorities? (Things you have to do)

- Go to School
- Do School Assignments, Homework, Study for Tests
- Do Chores at Home/Family Activities/May Include Religious Activities
- Eat Healthy and Sleep
- Etc.

Possible Consequences if ROCK PRIORITIES are not done:

- Bad Grades
- Being Retained - Failing 9th Grade
- Loss of Privileges at Home - Restrictions
- Being Too Tired to Do Your Best

What are your Pebble Priorities? (Things you enjoy and want to do)

- Hanging Out With Your Friends
- Sports

- Playing Video Games
- Band and Music
- Extra-Curricular Activities like Clubs

What are your Water Priorities? **(Little things that fill your time that don't have to be scheduled)**

- Watching T.V.
- Texting and Social Media
- Routine Tasks

1. Focus on addressing the areas in your life that you consider to be most important (rock priorities).
2. Set aside time for those things you derive joy from but are not essential (pebble priorities).
3. Save your remaining time and energy for those small activities that are not time sensitive and are less important to your overall quality of life.

Turn Priorities Into Goals

Setting goals based on your priorities is about understanding that accomplishments happen in small steps, not all at once. “SMART” goals help us turn a vague wish into an actual, achievable goal.

Example of Something You’d Like To Achieve: “Doing better in school.” What exactly does that mean? It’s difficult to accomplish something if you can’t define it. This isn’t a goal but a vague wish. Let’s turn it into an actual goal by reviewing the SMART Goal strategy below:

Smart Goals

SMART goals are:

S = Specific

M = Measurable

A = Attainable

R = Realistic

T = Timely and Trackable

S - SPECIFIC – What EXACTLY do you want to happen?

What, Why, How

- What are you going to do?
- Why – is this important to do at this time? What do you want to accomplish?
- How are you going to do it? (By doing....)

Poor Example: I will exercise more.

Good Example: I will walk for 30 minutes every day.

M- MEASUREABLE – I will know I have reached my goal when...

(How much, How many?)

- If you can’t measure it, you can’t manage it.
- You have to be able to see the change occur.

Ask Yourself:

- How much do I have to do?
- How many times do I have to do it?

A – ATTAINABLE – With hard work, is it possible to reach this goal by the deadline?

(within your reach)

Setting yourself up for success!

- A goal needs to make you slightly uncomfortable, so that you know it needs a real commitment from you.

- Facing and overcoming challenges will motivate you to move on to bigger challenges and more satisfying accomplishments.

R – REALISTIC – My goal is important enough for me to put a plan into action. I will follow this specific plan to reach my goal.

(Do-able, Not Easy or Ridiculous)

- Poor Example: I will not watch television
- Realistic Example: I will not watch television until my homework is done.

T – TIME-BOUND – I will reach my goal by...

(Set a timeline)

Must have a set deadline:

- When do I want to have the goal accomplished?
- What steps to achieve my goal and keep me on track?

Vague Wish: "I want to do better in school"

SMART Goal: "I will get an A on my next English paper by making sure I understand the assignment, letting my teacher read my draft and completing three revisions before the due date."

- This is a solid goal that presents clear, manageable steps for meeting a measurable objective in a specific time frame.
-

Time Management & Organization

The most important tool that you can use in managing your time is a planner/written agenda or an electronic calendar like the Google Calendar program.

Tips for Using a Planner

Pick the right planner. Avoid planners with locks or zippers that will only annoy you. Little things like that will become a hassle and create bad habits.

Make the planner a part of your daily routine. Carry it with you at all times and remember to check it every morning and every night.

Fill in your assignment due dates as soon as you learn them. Get in the habit of writing in your planner while you're still in the classroom. Write the assignment *on the page of the due date* and put a reminder message *a few days before* the due date. Don't put it off!

Write “NH” for no homework. Never leave your agenda blank.

Learn to use backward planning. When you write a due date in your planner, go back a day or a week and give yourself a reminder that the due date is approaching.

Use a color-coding system. Keep some colored stickers on hand and use those for reminders that a due date or other important event is approaching. For instance, use a yellow caution sticker to serve as a warning two days before your research paper is due.

Put everything in your planner. You must remember that anything that takes up time, like a ball game, will keep you from working on an assignment. If you don't put these things in your planner as time out, you may not realize how limited your homework time really is. This leads to cramming and all-nighters.

Use flags. You can buy sticky-note flags and use them as tabs to indicate the end of a term or the due date of a large project. This is a great visual tool that serves as a constant reminder of an imminent due date.

Don't discard old pages. You will always have important information in your planner that you'll need to see again at a later date. Old phone numbers, reading assignments—you'll want to remember those things later on.

Go ahead and congratulate yourself ahead of time. On the day after a big project is due, put in a reward appointment, like seeing a movie or going out to eat with friends. This can serve as positive reinforcement.

Things to Include in Your Planner

It is important to block off anything that consumes your time, in order to avoid conflict and crisis. Don't forget:

- **Regular blocks of homework time**
- **Assignment due dates**
- **Test dates**
- **Dances, parties, celebrations**
- **Family gatherings, vacations, excursions**
- **School events**
- **Fees for field trips—due dates**
- **Holidays**

Binder Organization

*Use one 3-ring binder with inside pockets to organize all your classes. This binder should fit in your book bag.

*Have one plastic folder or divider pocket for each of your classes.

*Label the plastic folder/divider pockets by the subject.

*Place 25-30 sheets at the back of your binder to take notes.

*Place homework assignments in the divider pockets.

*Use the inside pockets of the binder for field trip forms, etc.

***NEVER PUT LOOSE PIECES OF PAPER IN YOUR BOOK BAG. If you are in a hurry, place the papers in the front of your binder to organize later.**

*Create a home filing box. Place your overflow papers from your binder into this box divided by subject manilla folders. **DO NOT THROW AWAY ANY OF THESE**

PAPERS UNTIL YOU HAVE RECEIVED YOUR FINAL GRADE. These papers may be used to study for final exams.

Tips for Improving Your Study Habits

*Find a clean, quiet place to study at home and designate this as your official study area.

*Lighting and temperature of the room should be adequate to keep you focused. (72 degrees Fahrenheit has been shown to be the best temperature for productivity.)

*Keep a small bucket handy with study supplies like pencils, erasers, pens, highlighters, post-it notes, etc., so that you do not have to interrupt your study session to find supplies.

***Turn off your cell phone (or put it in airplane mode) and turn off the television. Research shows that texting and using social media while doing homework or studying interferes with learning and memory.** This is tough, but worth it in the long run!

*Stay on task if you are using your Chromebook for homework or studying. Do not browse the internet, play games, or use social media while doing your homework or studying with your Chromebook.

***Use a timer** to help you stay focused while working on homework. One method shown to be extremely effective is the **“Pomodoro Technique”**:

1. Decide on the task to be done (homework, project, studying for a test, etc.).
2. Set a timer to 25 minutes.
3. Work on the task until the timer goes off.
4. Set a timer for 5 minutes. Take a break until the timer goes off.
5. Repeat the 25/5 cycle four times, and then take a longer, 15-30 minute break.
6. If you have not yet finished your task, start again at step 1.

The Pomodoro Technique

1

Decide on the task to be done.

2

Set the timer to **25 minutes**.

3

Work on the task until the timer rings.

4

Take a short 5 minute **break**.

5

Take a 15-30 minute **break**.

repeat 4 times

***Finally, always turn in your homework.** Believe it or not, this is a step that some students forget.

Test Preparation Strategies

*Attend school every day and be on time. If you are not at school, you can't listen in class or ask questions which are important test preparation strategies.

*Use your planner/agenda or Google Calendar on your Chromebook to keep up with when your tests are scheduled. There is no excuse for forgetting when a test is.

*Take notes every class. Write the date at the top and immediately place it in the correct location in your binder so that it does not get lost. (or store it in the correct Google Drive folder if you are taking notes on your computer)

- Review your notes soon after class.
- Review notes briefly before the next class.
- Schedule some time at the end of the week for a longer review.

*Read and re-read your notes. **READ NOTES OUT LOUD.** According to research, when reading out loud, we form auditory links in our memory pathways. We remember ourselves saying it out loud, and not only do we form visual links but we are also aided by auditory links.

*Highlight your notes.

*Practice with flash cards, either written or digital such as Quizlet or StudyStack.

*Ask someone to quiz you. If no one is available, consider recording yourself asking questions.

*Tell someone else what the topic is about.

*Teach it to someone. If you can teach the material to someone, then you can be sure that you know it.

*Outline the content to be studied.

*Read and answer the questions at the end of the chapter in your textbook. Review all pictures, tables, and graphs.

*Use the tutorials in your digital textbooks or other websites, like Khan Academy, to refresh your memory or clear up any confusion about concepts.

*Take advantage of study guides provided by teachers. Use them!

*Avoid cramming. Spread out study sessions days or weeks before the test; you will have less stress. For example, spend 10 minutes each day studying for an upcoming test.

*Get enough sleep. You are likely to recall more of what you learned if you are awake and alert.

*Eat a healthy breakfast. Watch your caffeine and junk food intake.

Academic Survival Tips: **The Essentials**

1. Ask for help

a. Talk to your teacher.

- High school is not the time to be nervous about asking questions and approaching your teacher for help. No one will know you need help if you do not ask for it!

b. Request a tutor through NOHS's Instructional Extension Program.

- Tutoring is offered on Tuesdays and Thursdays after school from 3:45pm – 4:45pm.
- Students may ride a bus home if they sign up by Friday the week before they plan to attend tutoring.

2. Show up to class

- a. Do not take attendance lightly.** Attendance is one of the strongest predictors of academic success.
 - b.** The more days you miss, the more difficult it is to keep up with class content and assignments, especially with NOHS's longer block schedule.
-

A Final Note on Adjusting to **High School Academics...**

- High school can (and will) be tough at times. If you don't reach an academic goal, see it as an opportunity, not a failure. The human brain is malleable, meaning it strengthens and weakens depending on how it is used. It's like a muscle that gets stronger and works better the more it is exercised. Every time you work hard, stretch yourself and learn something new, your brain forms new connections, and over time you gain skills in areas that used to feel impossibly difficult.
- When you have trouble meeting an expectation you've set for yourself (ex: getting an A on your math test), sit down and evaluate why it was that you didn't reach your target goal. Challenge yourself to grow from this experience. What did you learn and how can you move forward in this area?
- Above all else, just hang in there. Attend class, stay organized, and ask for help when you need it, and you'll adjust to high school in no time!

SECTION III

Frequently Asked Questions & Tips From Current Students

Frequently Asked Questions

(Miscellaneous)

How do lunches work? Do I sit with all 9th graders?

- There are four lunch periods. You will go to lunch with your 3rd period class.
- Students can sit anywhere in the lunchroom.
- 9-12th graders will be mixed together in the lunchroom.

Are the classes harder?

- The pace is a lot faster, so you cover more material (about a day-and-a-half to 2 days of material per day) in a shorter amount of time.
- The quizzes and tests are more frequent due to the pace.

Will I be with upperclassmen in my classes?

Usually not in your 9th grade classes. You may see some in your electives or in American Government, since many people move into the county and don't have that full credit, but for the most part, you're with 9th graders in your classes.

Can I change my classes after registration?

Put a lot of thought into which classes you want to take, because the registration process is final!

How many AP courses should I take?

- As a freshman, it is almost always advised to NOT take an AP course. There are exceptions, but the general rule of thumb is to not overextend yourself freshman year.
- Remember, your GPA includes classes you take freshman year, which means that your AP class grades will impact your overall GPA.

What do my high school credits from middle school classes count toward?

- They count toward the 28 credits you need to graduate and are factored into your North Oconee GPA.
- They do NOT count for HOPE.

Will I have the same school counselor all four years of high school?

- Yes! Whoever your counselor is freshman year will stay with you until you graduate.
- Counselors are assigned based on last name. (see section I of this document)

What do the high school counselors do?

High school counselors are a little different from middle school counselors. They can help with social/emotional issues, but focus more on academics and helping students through the college application process.

When should I reach out to my counselor?

- You can reach out to your counselor when you need academic or emotional support.
- Remember to schedule an appointment! Their schedules are often very busy.

How do I schedule an appointment to see my counselor?

- It's simple! Stop by the counseling office and fill out a request slip.
- The counselor will call you out of class at a time that is convenient for you (and hopefully not an academic class).

Do I get to go to Homecoming?

Yes! 9th-12th graders can go to homecoming each year.

Advice From Current NOHS Students on How To Be Successful in High School:

1. Make sure you register for the right classes because if not, you'll get stuck in a class you don't enjoy which means you probably won't study for it.
2. In high school, you're a lot more independent. If there's something you have to get done, you're the person who has to approach your teacher with questions. The teacher is not going to hold your hand.
3. Do not mess around – study, do everything your teacher tells you to do, and do not get involved in drama because that won't get you anywhere.
4. Don't skip class. It affects your grade so much when you miss class.
5. Don't be afraid to ask questions if you get lost or confused. It's easy to get lost at the beginning but people are happy to help.
6. Get involved in at least one club freshman year. It helps so much with the transition.
7. You need to take responsibility for getting your work done. Teachers won't constantly remind you.
8. Take advantage of Titan Time to study and get work done.
9. Find the right balance of academics and extracurricular clubs and sports.

10. There's going to be more of a homework load. Don't be embarrassed to take grade-level classes rather than honors classes if you're having trouble. It's better to get good grades in a lower class than to fail an AP class.
11. Make sure to ask questions in class if you don't understand something.
12. Get good grades freshman year so that you don't have to stress about your GPA later in high school.
13. Most of your assignments will be completion grades. Just do the work, turn it in, and you'll be fine.

Good Luck!